



## PRACTICE LOG

As a member of FYO, you are expected to spend time outside of class practicing. This is essential for students to master the skills presented by our teachers. Students should practice their instrument at home for a minimum of 85 minutes per week (beginners should practice 60 minutes per week), five days a week. On the chart below, keep track of the time spent practicing each day outside of class. Students who meet the minimum goal per week for one month, will get a treat from the Suite Shop. **Turn in completed practice charts to Ms. Cheryl with Mom's or Dad's signature on March 5th to get the treat.**

Name								
February 2012								
Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday	Total Minutes	Parent Signature
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29					

**Practice Tips:**

**Find a quiet place without any distractions**

**Violin/Viola: spend some practice time standing and some sitting (music stand recommended)**

**Use a metronome (online at [flagleryouthorchestra.org](http://flagleryouthorchestra.org))**

**Practice music in the same order each time:**

**3 minutes: Scales**

**7 minutes: Bowing and Thinking**

**10 minutes: Etudes and exercises**

**7 minutes: Rhythms**

**10 minutes (or more): Orchestra music, other songs**

**Break down difficult parts into short exercises then work them out slowly and carefully**

**Repeat what you're working on at least 3 times (more if you want to sound better)**

**Always pay attention to bow hold, bowing and left arm and left hand position as you practice**

**Strive for a clear, rich, even tone by keeping your bow straight in lane three at all times**

**Strive for perfect intonation**