

High 2nd Finger Bowing and Thinking Exercise

Viola

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♩ = 66

System 1: 0 G, 1 A, 2 B, 1 A
W, W, W, W

System 2: 5 0 D, 1 E, 2 F#, 1 E
W, W, W, W

System 3: 9 0 A, 1 B, # 2 C#, 1 B
W, W, W, W

System 4: 13 0 C, 1 D, 2 E, 1 D
W, W, W, W

Variation 1: W, W, W, W, W, W, W, W
W, W, W, W

Variation 2: W, W, W, W
W, W

Variation 3: W, W, W, W, W, W, W, W
W, W, W, W

Variation 4: W, W, W, W, W, W, W, W
W, W, W, W

1. Use a metronome.
2. W = use whole bow.
3. UH = use upper half of bow.
4. LH = use lower half of bow.
5. M = use middle of bow.
6. Make sure your bow hold is correct; check it often.
7. Make sure your bow is straight, in lane three and tipped slightly away.
8. Make sure you're using a whole bow for W.
9. You want a clear, rich, full sound.
10. Many repetitions.