

FYO FUNDAMENTALS PRACTICE GUIDE

Practice your lesson in the same order each day. Play harder parts over and over until they become easier. Make sure you are being very picky about the position of your arms and hands. When you practice, teach yourself to play using correct form. Always practice fundamentals music first, before ensemble music. That way you'll have your lesson practiced and will be warmed up.

Home practice sequence:

1. Scales: repeat 3 times (3 minutes)
2. Bowing and Thinking: use metronome; watch form (7 minutes)
3. Etude: play correct notes; check fingering charts (10 minutes)
4. Rhythms: use metronome; play on open string (7 minutes)
5. Ensemble music: isolate difficult passages and repeat them until improvement occurs (10 - 15 minutes)

Evaluation Skills:

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| 1. Posture / Stance | 6. Intonation |
| 2. Bow Hold | 7. Tone Quality |
| 3. Bowing / Bow Arm / Bow Use | 8. Rhythm / Counting Ability |
| 4. Left Arm | 9. Musicality |
| 5. Left Hand | 10. Note Reading Ability |