Does Your Bow Hold Look Like This?





- Ring and middle fingers (huggers) wrap over frog at first knuckle
- Stick positioned under first knuckle of index finger
- Binky pinky: curved with tip of finger resting on stick
- Thumb curved and making contact with stick behind middle finger on the bump of the frog
- Thumb should not stick through to the other side of the bow
- Knuckles angled toward tip of bow
- Hand relaxed: able to lift pinky

