High 2nd Finger Bowing and Thinking Exercise

1. Use a metronome.
2. W = use whole bow.
3. UH = use upper half of bow.
4. LH = use lower half of bow.
5. M = use middle of bow.
6. Make sure your bow hold is correct; check it often.
7. Make sure your bow is straight, in lane three and tipped slightly away.
8. Make sure you’re using a whole bow for W.
9. You want a clear, rich, full sound.
10. Many repetitions.